

# Melissa Babiarz, MA, CASAC, LMHC

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**OBJECTIVE:** To provide counseling, consultation and education in various community settings.

## **EDUCATION:**

2005-2007 Medialle College - Master of Arts (Mental Health Counseling)

Received department academic award

2001-2003 Empire State College - Bachelor of Science (Health and Human Services)

1997-1999 Erie Community College - Associate in Science (Mental Health Assistant- Alcohol and Substance Abuse Counseling). Graduated with High Honors from degree program

## **CREDENTIALS**

7/15 Completed EMDR Basic training- In process of Trauma Certification

8/09 OASAS Certified Motivational Interviewing Trainer

8/08 Licensed Mental Health Counselor

3/03 Credentialed Alcoholism and Substance Abuse Counselor

## **COMMUNITY EDUCATOR/ TRAINER**

1/5/16-University at Buffalo- Advanced Skills in Motivational Interviewing- 29 hour certificate program focusing on clinical supervision in Motivational Interviewing.

10/16/2015 - Chautauqua Opportunities - Motivational Interviewing- an opportunity to elicit behavior change

10/26/2015 - People Inc., - Motivational Interviewing- an opportunity to elicit behavior change

4/10/16 - Chautauqua Child Protective Services - Motivational Interviewing- an opportunity to elicit behavior change

7/2015 - University at Buffalo Summer Institute- Introduction to Motivational Interviewing- 2 day course

7/2014 - University at Buffalo Summer Institute- Introduction to Motivational Interviewing- 2 day course

2013-14 University at Buffalo- Advanced Skills in Motivational Interviewing- 29 hour certificate program focusing on clinical supervision in Motivational Interviewing.

2012- UB Center for Synergy- Resiliency Training - 6 hr program - Newark, New Jersey

2011-2012 University at Buffalo- Clinical Supervision in Motivational Interviewing- 29 hour certificate program focusing on clinical supervision in Motivational Interviewing.

2011- Western New York Pride Center- Facilitator of Substance Abusers Recovery Group.

2009-2010 Mid-Erie Counseling/Sheehan Health Network/BryLin Hospitals- extensive staff training in motivational interviewing techniques.

2009 Provided in-service on Issues in Chemical Dependency to EC Probation Officers.

2006 Provided training to local NYMCHA chapter members on Introduction to Chemical Dependency Counseling.

2003-2004 Crisis Services - provided in-service on Issues in Chemical Dependency to new staff and volunteers.

## **EMPLOYMENT**

2011-Present D'Youville College - Adjunct Faculty - Liberal Arts Department- Provided three credit hour classroom instruction in Sociology/Psychology - Social Problems, Disability, Society and the Individual, Developmental Psychology, Social Psychology, General Psychology

2011- Present- 3M- Internal EAP, providing counseling, training and support to employee's and management.

2010-Present Private Practice - provide assessment, individual and group counseling services specializing in Addiction, Sexual Addiction, Mental Health, Dual Diagnosis and LGBT issues.

2010-11 Resource Training Center - Conducted twelve hour training course in Assessment and Treatment Planning, Relapse Prevention, Drinking Driver Program, Counseling Theories, Developing and Implementing Chemical Dependency Programming, HIV issues, Ethics, Confidentiality, Gender and Sexual Orientation.

2010-2011 Director of Substance Abuse, BryLin Hospitals-Supervise daily operation of chemical dependency program, revising policy and procedure manual in accordance with OASAS regulations for outpatient program, weekly supervision of all unit staff, redeveloped general programming, revised internal auditing system to monitor charting in accordance with OASAS standards for program, conducted performance improvement initiatives for program and active in agency Quality Improvement Process, assisted in development of budget for program, prepare and submit monthly OASAS service reports for program, provided motivational interviewing training to all chemical dependency staff, attend monthly management meetings, participate in monthly supervision with CEO, conduct weekly case conference, attend various community provider meetings, strengthen relationships with various community referral sources through active marketing activities, active member of Sweet Home Family Support Center Board.

2009-2010 Director of Chemical Dependency Division, Sheehan Health Network-Supervise daily operation of all chemical dependency programs,(inpatient, outpatient and detox), restructured staffing plans, including revising unit supervisor duties, developed policy and procedure manual in accordance with OASAS regulations for outpatient program, supervise unit supervisors in all three chemical dependency programs, developed tier specific programming in rehabilitation unit, developed Suboxone specific programming in outpatient program, developed internal auditing system to monitor charting in accordance with OASAS standards for all three programs,

developed performance improvement initiatives for all three programs, assisted in development of budgets for all three programs, prepare and submit monthly OASAS service reports for all three programs, provided motivational interviewing training to all chemical dependency staff, attend weekly senior management meetings, participate in weekly supervision with CEO, attend case conference in all three programs, attend various community provider meetings, rebuild relationships with various community referral sources.

2005-2009 Supervising Counselor, Mid Erie Counseling and Treatment Services-Supervise daily operation of outpatient clinic, conduct weekly supervision with chemical dependency staff, manage caseload of ten clients and facilitate two groups weekly, communicate with various referral sources, responsible for all pertinent clinical documentation, member of agency Anasazi staff training team, member of special review committee, corporate compliance committee and cultural competence committee, designed and implemented specialized programming (forensics and intensive outpatient), conduct weekly case conferences, initiated implementation of motivational interviewing in the agency, coordinated HIV testing/education with SAMSHA for clinic and community, coordinated Women's Wellness initiative with Heritage Center, responsible for monthly utilization review process, conduct bimonthly chart audit.

2002-2005/2001-2002 Chemical Dependency Counselor, Mid Erie Counseling and Treatment Services-Manage a caseload of thirty-five clients, conduct individual and group sessions (chemical awareness, primary care, continuing care, adolescent, forensic), communicate with various referral sources, responsible for all pertinent clinical documentation, responsible for monthly utilization review process, participate in weekly supervision sessions and case conference, represent chemical dependency department in monthly billing meetings.

12/01-8/02/10-99-12/01 Addiction Counselor I, Horizon Health Services-Manage a caseload of thirty-five clients, conduct individual sessions(REBT, Abstinence Achievement, Relapse Prevention, Lifestyles, Alternative Lifestyles), designed and implemented Pre-Contemplation Group, coordinated services with Federal Bureau of Prisons and Buffalo Halfway House, Communicated with various referral sources, responsible for all pertinent clinical documentation, participate in weekly supervision sessions and case conference, conducted orientation of new employees and interns.

#### **COMMUNITY ACTIVITIES**

2012 Member of Alcohol and Drug Dependency Services (ADDS) Board Of Directors

2012-13 Member of Medaille College Alunmi Board of Directors

Completed various Marathon's , Half Marathons and 5K races to support local charities

**REFERENCES AVAILABLE UPON REQUEST**